

## Grow It, Try It, Like It Curriculum & RIELDS Alignment

*Grow It, Try It, Like It!* is a garden-themed nutrition education kit for child care center staff to introduce fruits (peaches, strawberries, and cantaloupe) and vegetables (spinach, sweet potato, and crookneck squash) to preschool age children. *Grow It, Try It, Like It* links activities at child care centers with resources for use at home. This kit aims to introduce fruits and vegetables in positive, engaging activities and increases the likelihood that young children will taste and eat a wider variety of healthy foods.

*Grow It, Try It, Like It!* is more than a resource for introducing fruits and vegetables to young children. It provides learning opportunities that contribute to each child's individual growth and development. This guide provides suggestions for how to align the curriculum with the Rhode Island Early Learning Development Standards. The alignment guide includes the following:

- *Grow It, Try It, Like It!* Kit Main Concepts & Structure
- 9 Developmental Components Identified by the RIELDS:
  - **Physical Health & Motor Development (PH)**
  - **Social & Emotional Development (SE)**
  - **Language Development (LD)**
  - **Literacy (L)**
  - **Cognitive Development (CD)**
  - **Mathematics (M)**
  - **Science (S)**
  - **Social Studies (SS)**
  - **Creative Arts (CA)**

### ***Grow It, Try It, Like It!* Kit Main Concepts & Structure**

Throughout the kit there are three main concepts:

1. Children can have fun while learning about nutrient and fiber-rich foods such as fruits and vegetables.
2. Fruits and vegetables grow from plants or trees in the ground, are harvested, and are taken from the farm/orchard to grocery stores and farmers' markets.
3. Fruits and vegetables can be prepared and eaten in many different and fun ways.

The kit includes 7 booklets featuring the fruits and vegetables with fun activities based in an imaginary garden at "Tasty Acres Farm".

- Booklet 1 includes a teaching guide, garden arts and crafts, paper master copies, and resources
- Booklets 2-7 feature a specific fruit or vegetable. The booklets have an identical setup that includes planning charts, activity categories, and materials to send home. The activity categories include:
  - A: Hands-on activities
  - B: Planting activities
  - C: Songs and stories
  - D: Nutrition education activities

## RIELDS and *Grow It, Try It, Like It!* Alignment Table

<b>Physical Health &amp; Motor Development</b>	
<b>RIELDS Components and Learning Goals:</b>	<b><i>Grow It, Try It, Like It!</i> Curriculum Activities:</b>
<b>Component 1: Health &amp; Safety Practices</b>	
<p><u>Learning Goal 1.a:</u> Children engage in structured and unstructured physical activity.</p>	<ul style="list-style-type: none"> <li>• Crookneck Squash Row               <ul style="list-style-type: none"> <li>→ C3: Old MacDonald Had a Farm, Crookneck Squash Style</li> <li>→ D1: Savor the Flavor of Squash</li> </ul> </li> <li>• Spinach Lane               <ul style="list-style-type: none"> <li>→ C3: Old MacDonald Had a Farm, Spinach Style</li> <li>→ D1: Let Us Try More Leafy Greens</li> </ul> </li> <li>• Sweet Potato Hill               <ul style="list-style-type: none"> <li>→ C3: Old MacDonald Had a Farm, Sweet Potato Style</li> <li>→ D1: You Say Potato and I Say Potáto</li> </ul> </li> <li>• Cantaloupe Corner               <ul style="list-style-type: none"> <li>→ C3: Old MacDonald Had a Farm, Cantaloupe Style</li> <li>→ D1: Meet Cantaloupe’s Melon Friends</li> </ul> </li> <li>• Peach Tree Orchard               <ul style="list-style-type: none"> <li>→ C3: Old MacDonald Had a Farm, Peach Style</li> <li>→ D1: Reach for the Peach</li> </ul> </li> <li>• Strawberry Patch               <ul style="list-style-type: none"> <li>→ C3: Old MacDonald Had a Farm, Strawberry Style</li> <li>→ D1: Meet Strawberry’s Fruity Friends</li> </ul> </li> </ul>
<p><u>Learning Goal 1.c:</u> Children develop self-help skills.</p>	<ul style="list-style-type: none"> <li>• Crookneck Squash Row               <ul style="list-style-type: none"> <li>→ A1: Feel That Curvy Shape</li> <li>→ A2: Crookneck Squash...A Look Inside</li> <li>→ A3: Crookneck Squash Sandwiches</li> <li>→ (If tasting is included): B1: Crookneck Squash Starts as Seeds</li> <li>→ (If tasting is included): C1: Cool Puppy Pup’s Crookneck Squash Lunch Party Video</li> <li>→ (If tasting is included): D1: Savor the Flavor of Squash</li> <li>→ D2: Gosh I Love Squash</li> </ul> </li> <li>• Spinach Lane               <ul style="list-style-type: none"> <li>→ A1: One Touch, One Guess</li> <li>→ A3: Spinach Flowers</li> <li>→ (If tasting is included) B1: Spinach Starts as Seeds</li> <li>→ (If tasting is included): C1: Cool Puppy Pup’s Spinach Lunch Party Video</li> <li>→ (If tasting is included): D1: Let Us Try More Leafy Greens</li> <li>→ D2: Say Hip, Hip, Hooray for Spinach</li> </ul> </li> <li>• Sweet Potato Hill               <ul style="list-style-type: none"> <li>→ A1: “Eye” Wonder What This Is</li> <li>→ A2: Sweet Potato...A Look Inside</li> <li>→ A3: Mashed Sweet Potatoes</li> <li>→ (If tasting is included): C1: Cool Puppy Pup’s Sweet Potato Lunch Party Video</li> </ul> </li> </ul>

	<ul style="list-style-type: none"> <li>→ (If tasting is included): D1: You Say Potato and I Say Potáto</li> <li>→ D2: A Sweet Ending with Sweet Potatoes</li> <li>• Cantaloupe Corner <ul style="list-style-type: none"> <li>→ A1: Can You Tell What’s Hiding</li> <li>→ A2: Cantaloupe...A Look Inside</li> <li>→ A3: Cantaloupe Shapes</li> <li>→ (If tasting is included) B1: Cantaloupe Start as Seeds</li> <li>→ (If tasting is included): C1: Cool Puppy Pup’s Cantaloupe Lunch Party Video</li> <li>→ (If tasting is included): D1: Meet Cantaloupe’s Melon Friends</li> <li>→ D2: Can’t Resist Cantaloupe</li> </ul> </li> <li>• Peach Tree Orchard <ul style="list-style-type: none"> <li>→ A1: Something Feels Fuzzy</li> <li>→ A2: Peach...A Look Inside</li> <li>→ (If tasting is included): C1: Cool Puppy Pup’s Peach Lunch Party Video</li> <li>→ (If tasting is included): D1: Reach for the Peach</li> <li>→ D2: Party with Peaches</li> </ul> </li> <li>• The Strawberry Patch <ul style="list-style-type: none"> <li>→ A1: “What’s This?” It’s “Berry” Mysterious</li> <li>→ A2: Strawberry...A Look Inside</li> <li>→ A3: Strawberry Pizzas</li> <li>→ (If tasting is included) B1: Strawberries Start as Seeds</li> <li>→ (If tasting is included): C1: Cool Puppy Pup’s Strawberry Lunch Party Video</li> <li>→ (If tasting is included): D1: Meet Strawberry’s Fruity Friends</li> <li>→ D2: Serving Up...Strawberries</li> </ul> </li> <li>• Snack or Mealtime Connection Activities <ul style="list-style-type: none"> <li>→ Garden Arts and Crafts (if snack or mealtime connection is included)</li> <li>→ Spinach Lane activity A2, B2, B3</li> <li>→ Sweet Potato Hill activity B1, B2, B3</li> <li>→ Peach Tree Orchard activity B1</li> <li>→ Crookneck Squash Row activity B2, B3</li> <li>→ Cantaloupe Corner activity B2, B3</li> <li>→ Strawberry Patch activity B2, B3</li> </ul> </li> </ul>
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**Component 2: Gross Motor Development**

<p><u>Learning Goal 2.a:</u> Children develop large muscle control, strength, and coordination.</p>	<ul style="list-style-type: none"> <li>• Crookneck Squash Row <ul style="list-style-type: none"> <li>→ C3: Old MacDonald Had a Farm, Crookneck Squash Style</li> <li>→ D1: Savor the Flavor of Squash</li> </ul> </li> <li>• Spinach Lane <ul style="list-style-type: none"> <li>→ C3: Old MacDonald Had a Farm, Spinach Style</li> </ul> </li> <li>• Sweet Potato Hill <ul style="list-style-type: none"> <li>→ C3: Old MacDonald Had a Farm, Sweet Potato Style</li> <li>→ D1: You Say Potato and I Say Potáto</li> </ul> </li> <li>• Cantaloupe Corner <ul style="list-style-type: none"> <li>→ C3: Old MacDonald Had a Farm, Cantaloupe Style</li> </ul> </li> </ul>
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	<ul style="list-style-type: none"> <li>→ D1: Meet Cantaloupe’s Melon Friends</li> <li>• Peach Tree Orchard <ul style="list-style-type: none"> <li>→ C3: Old MacDonald Had a Farm, Peach Style</li> <li>→ D1: Reach for the Peach</li> </ul> </li> <li>• Strawberry Patch <ul style="list-style-type: none"> <li>→ C3: Old MacDonald Had a Farm, Strawberry Style</li> <li>→ D1: Meet Strawberry’s Fruity Friends</li> </ul> </li> </ul>
<p><u>Learning Goal 2.b:</u> Children develop traveling skills.</p>	<ul style="list-style-type: none"> <li>• Crookneck Squash Row <ul style="list-style-type: none"> <li>→ C3: Old MacDonald Had a Farm, Crookneck Squash Style</li> <li>→ D1: Savor the Flavor of Squash</li> </ul> </li> <li>• Spinach Lane <ul style="list-style-type: none"> <li>→ C3: Old MacDonald Had a Farm, Spinach Style</li> </ul> </li> <li>• Sweet Potato Hill <ul style="list-style-type: none"> <li>→ C3: Old MacDonald Had a Farm, Sweet Potato Style</li> <li>→ D1: You Say Potato and I Say Potáto</li> </ul> </li> <li>• Cantaloupe Corner <ul style="list-style-type: none"> <li>→ C3: Old MacDonald Had a Farm, Cantaloupe Style</li> </ul> </li> <li>• Peach Tree Orchard <ul style="list-style-type: none"> <li>→ C3: Old MacDonald Had a Farm, Peach Style</li> </ul> </li> <li>• Strawberry Patch <ul style="list-style-type: none"> <li>→ C3: Old MacDonald Had a Farm, Strawberry Style</li> </ul> </li> </ul>
<b>Component 3: Fine Motor Development</b>	
<p><u>Learning Goal 3.a:</u> Children develop small muscle control, strength, and coordination.</p>	<ul style="list-style-type: none"> <li>• Crookneck Squash Row <ul style="list-style-type: none"> <li>→ A3: Crookneck Sandwiches</li> <li>→ B2: Plant a Crookneck Squash Seed</li> </ul> </li> <li>• Spinach Lane <ul style="list-style-type: none"> <li>→ A3: Spinach Flowers</li> <li>→ B2: Plant a Spinach Seed</li> </ul> </li> <li>• Sweet Potato Hill <ul style="list-style-type: none"> <li>→ A3: Mashed Sweet Potatoes</li> <li>→ B2: Start a Sweet Potato Slip</li> <li>→ B3: Make a Pretend Sweet Potato Hill</li> </ul> </li> <li>• Cantaloupe Corner <ul style="list-style-type: none"> <li>→ A3: Cantaloupe Shapes</li> <li>→ B2: Plant a Cantaloupe Seed</li> </ul> </li> <li>• The Strawberry Patch <ul style="list-style-type: none"> <li>→ A3: Strawberry Pizzas</li> <li>→ B2: Make a Pretend Strawberry Patch</li> <li>→ B3: Plant a Strawberry Jar</li> </ul> </li> <li>• Peach Tree Orchard <ul style="list-style-type: none"> <li>→ B2: Make and Grow a Pretend Peach Tree</li> </ul> </li> </ul>
<p><u>Learning Goal 3.b:</u> Children develop writing and drawing skills.</p>	<ul style="list-style-type: none"> <li>• Crookneck Squash Row <ul style="list-style-type: none"> <li>→ B2: Plant a Crookneck Squash Seed</li> </ul> </li> <li>• Spinach Lane <ul style="list-style-type: none"> <li>→ A2: Spinach Leaf Print</li> <li>→ B2: Plant a Spinach Seed</li> </ul> </li> </ul>

	<ul style="list-style-type: none"> <li>• Cantaloupe Corner <ul style="list-style-type: none"> <li>→ B2: Plant a Cantaloupe Seed</li> </ul> </li> <li>• Sweet Potato Hill <ul style="list-style-type: none"> <li>→ B2: Start a Sweet Potato Slip</li> <li>→ B3: Make a Pretend Sweet Potato Hill</li> </ul> </li> <li>• Peach Tree Orchard <ul style="list-style-type: none"> <li>→ B2: Make and Grow a Pretend Peach Tree</li> </ul> </li> <li>• Garden Arts and Crafts: <ul style="list-style-type: none"> <li>→ Decorated Garden Bags</li> <li>→ Garden Bookmarks</li> <li>→ Produce Placemats</li> <li>→ Garden Scene Note Cards</li> <li>→ Tasty Acres Mobile</li> <li>→ Row Markers</li> <li>→ Seed Art</li> <li>→ Painted Pots</li> <li>→ Garden Stones</li> <li>→ Garden Gloves</li> </ul> </li> </ul>
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**Social & Emotional Development**

<b>RIELDS Components and Learning Goals:</b>	<b>Grow It, Try It, Like It! Curriculum Activities:</b>
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**Component 1: Relationships with Others**

<p><u>Learning Goal 1.b:</u> Children engage in positive relationships and interactions with other children.</p>	<ul style="list-style-type: none"> <li>• Crookneck Squash Row <ul style="list-style-type: none"> <li>→ B1: Crookneck Squash Start as Seeds</li> <li>→ B2: Plant a Crookneck Squash Seed</li> <li>→ C1: Cool Puppy Pup’s Crookneck Squash Lunch Party Video</li> <li>→ D1: Savor the Flavor of Squash</li> </ul> </li> <li>• Spinach Lane <ul style="list-style-type: none"> <li>→ B1: Spinach Starts as Seeds</li> <li>→ B2: Plant a Spinach Seed</li> <li>→ C1: Cool Puppy Pup’s Spinach Lunch Party Video</li> <li>→ D1: Let Us Try More Leafy Greens</li> </ul> </li> <li>• Sweet Potato Hill <ul style="list-style-type: none"> <li>→ B1: Sweet Potatoes Grow from Eyes and Slips</li> <li>→ B2: Start a Sweet Potato Slip</li> <li>→ B3: Make a Pretend Sweet Potato Hill</li> <li>→ C1: Cool Puppy Pup’s Sweet Potato Lunch Party Video</li> <li>→ D1: You Say Potato and I Say Potáto</li> </ul> </li> <li>• Cantaloupe Corner <ul style="list-style-type: none"> <li>→ B1: Cantaloupe Start as Seeds</li> <li>→ B2: Plant a Cantaloupe Seed</li> <li>→ C1: Cool Puppy Pup’s Cantaloupe Lunch Party Video</li> <li>→ D1: Meet Cantaloupe’s Melon Friends</li> </ul> </li> <li>• Peach Tree Orchard <ul style="list-style-type: none"> <li>→ B1: Peach Trees Grow from Pits</li> <li>→ B2: Make and Grow a Pretend Peach Tree</li> </ul> </li> </ul>
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	<ul style="list-style-type: none"> <li>→ C1: Cool Puppy Pup’s Peach Lunch Party Video</li> <li>→ D1: Reach for the Peach</li> <li>• Strawberry Patch <ul style="list-style-type: none"> <li>→ B1: Strawberries Start as Seeds</li> <li>→ B2: Make a Pretend Strawberry Patch</li> <li>→ C1: Cool Puppy Pup’s Strawberry Lunch Party Video</li> <li>→ D1: Meet Strawberry’s Fruity Friends</li> </ul> </li> </ul>
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**Component 2: Sense of Self**

<p><u>Learning Goal 2.a:</u> Children develop an awareness of themselves as an individual with unique thoughts, feelings, and perspectives.</p>	<ul style="list-style-type: none"> <li>• Crookneck Squash Row <ul style="list-style-type: none"> <li>→ A1: Feel That Curvy Shape</li> <li>→ A2: Crookneck Squash...A Look Inside</li> <li>→ A3: Crookneck Squash Sandwiches</li> <li>→ (If tasting is included): B1: Crookneck Squash Start as Seeds</li> <li>→ (If tasting is included): C1: Cool Puppy Pup’s Crookneck Squash Lunch Party Video</li> <li>→ (If tasting is included): D1: Savor the Flavor of Squash</li> <li>→ D2: Gosh I Love Squash</li> </ul> </li> <li>• Spinach Lane <ul style="list-style-type: none"> <li>→ A1: One Touch, One Guess</li> <li>→ A3: Spinach Flowers</li> <li>→ (If tasting is included) B1: Spinach Starts as Seeds</li> <li>→ (If tasting is included): C1: Cool Puppy Pup’s Spinach Lunch Party Video</li> <li>→ (If tasting is included): D1: Let Us Try More Leafy Greens</li> <li>→ D2: Say Hip, Hip, Hooray for Spinach</li> </ul> </li> <li>• Sweet Potato Hill <ul style="list-style-type: none"> <li>→ A1: “Eye” Wonder What This Is</li> <li>→ A2: Sweet Potato...A Look Inside</li> <li>→ A3: Mashed Sweet Potatoes</li> <li>→ (If tasting is included): C1: Cool Puppy Pup’s Sweet Potato Lunch Party Video</li> <li>→ (If tasting is included): D1: You Say Potato and I Say Potáto</li> <li>→ D2: A Sweet Ending with Sweet Potatoes</li> </ul> </li> <li>• Cantaloupe Corner <ul style="list-style-type: none"> <li>→ A1: Can You Tell What’s Hiding</li> <li>→ A2: Cantaloupe...A Look Inside</li> <li>→ A3: Cantaloupe Shapes</li> <li>→ (If tasting is included) B1: Cantaloupe Start as Seeds</li> <li>→ (If tasting is included): C1: Cool Puppy Pup’s Cantaloupe Lunch Party Video</li> <li>→ (If tasting is included): D1: Meet Cantaloupe’s Melon Friends</li> <li>→ D2: Can’t Resist Cantaloupe</li> </ul> </li> <li>• Peach Tree Orchard <ul style="list-style-type: none"> <li>→ A1: Something Feels Fuzzy</li> <li>→ A2: Peach...A Look Inside</li> <li>→ (If tasting is included): C1: Cool Puppy Pup’s Peach Lunch Party Video</li> </ul> </li> </ul>
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	<ul style="list-style-type: none"> <li>→ (If tasting is included): D1: Reach for the Peach</li> <li>→ D2: Party with Peaches</li> <li>• The Strawberry Patch <ul style="list-style-type: none"> <li>→ A1: “What’s This?” It’s “Berry” Mysterious</li> <li>→ A2: Strawberry...A Look Inside</li> <li>→ A3: Strawberry Pizzas</li> <li>→ (If tasting is included) B1: Strawberries Start as Seeds</li> <li>→ (If tasting is included): C1: Cool Puppy Pup’s Strawberry Lunch Party Video</li> <li>→ (If tasting is included): D1: Meet Strawberry’s Fruity Friends</li> <li>→ D2: Serving Up...Strawberries</li> </ul> </li> <li>• Snack or Mealtime Connection Activities <ul style="list-style-type: none"> <li>→ Garden Arts and Crafts (is snack or mealtime connection is included)</li> <li>→ Spinach Lane activity A2, B2</li> <li>→ Sweet Potato Hill activity B1, B3</li> <li>→ Peach Tree Orchard activity B1</li> <li>→ Crookneck Squash Row activity B2</li> <li>→ Cantaloupe Corner activity B2</li> <li>→ Strawberry Patch activity B2, B3</li> </ul> </li> </ul>
<p><u>Learning Goal 2.b:</u> Children develop the confidence to complete an action successfully or independently.</p>	<ul style="list-style-type: none"> <li>• Crookneck Squash Row <ul style="list-style-type: none"> <li>→ A3: Crookneck Sandwiches</li> <li>→ B2: Plant a Crookneck Squash Seed</li> <li>→ (If optional concluding activity is completed): D1: Savor the Flavor of Squash</li> </ul> </li> <li>• Spinach Lane <ul style="list-style-type: none"> <li>→ A2: Spinach Leaf Print</li> <li>→ A3: Spinach Flowers</li> <li>→ B2: Plant a Spinach Seed</li> <li>→ (If optional concluding activity is completed): D1: Let Us Try More Leafy Greens</li> </ul> </li> <li>• Sweet Potato Hill <ul style="list-style-type: none"> <li>→ A3: Mashed Sweet Potatoes</li> <li>→ B2: Start a Sweet Potato Slip</li> <li>→ B3: Make a Pretend Sweet Potato Hill</li> <li>→ (If optional concluding activity is completed): D1: You Say Potato and I Say Potáto</li> </ul> </li> <li>• Cantaloupe Corner <ul style="list-style-type: none"> <li>→ A3: Cantaloupe Shapes</li> <li>→ B2: Plant a Cantaloupe Seed</li> <li>→ (If optional concluding activity is completed): D1: Meet Cantaloupe’s Melon Friends</li> </ul> </li> <li>• The Strawberry Patch <ul style="list-style-type: none"> <li>→ A3: Strawberry Pizzas</li> <li>→ B2: Make a Pretend Strawberry Patch</li> <li>→ B3: Plant a Strawberry Jar</li> </ul> </li> </ul>

	<ul style="list-style-type: none"> <li>→ (If optional concluding activity is completed): D1: Meet Strawberry's Fruity Friends</li> <li>• Peach Tree Orchard <ul style="list-style-type: none"> <li>→ B2: Make and Grow a Pretend Peach Tree</li> <li>→ (If optional concluding activity is completed): D1: Reach for the Peach</li> </ul> </li> <li>• Garden Arts and Crafts: <ul style="list-style-type: none"> <li>→ Decorated Garden Bags</li> <li>→ Garden Bookmarks</li> <li>→ Produce Placemats</li> <li>→ Garden Scene Note Cards</li> <li>→ Tasty Acres Mobile</li> <li>→ Stamped Wrapping Paper</li> <li>→ Row Markers</li> <li>→ Seed Art</li> <li>→ Painted Pots</li> <li>→ Garden Stones</li> <li>→ Garden Gloves</li> </ul> </li> </ul>
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**Language Development**

<b>RIELDS Components and Learning Goals:</b>	<b>Grow It, Try It, Like It! Curriculum Activities:</b>
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**Component 1: Receptive Language**

<p><u>Learning Goal 1.a:</u> Young children attend to, understand, and respond to increasingly complex language.</p>	<ul style="list-style-type: none"> <li>• Crookneck Squash Row <ul style="list-style-type: none"> <li>→ B1: Crookneck Squash Start as Seeds</li> <li>→ C1: Cool Puppy Pup's Crookneck Squash Lunch Party Video</li> <li>→ C2: Reading Activity</li> </ul> </li> <li>• Spinach Lane <ul style="list-style-type: none"> <li>→ B1: Spinach Starts as Seeds!</li> <li>→ C1: Cool Puppy Pup's Spinach Party Video</li> <li>→ C2: Reading Activity</li> </ul> </li> <li>• Sweet Potato Hill <ul style="list-style-type: none"> <li>→ B1: Sweet Potatoes Grow from Eyes and Slips</li> <li>→ C1: Cool Puppy Pup's Sweet Potato Lunch Party Video</li> <li>→ C2: Reading Activity</li> </ul> </li> <li>• Cantaloupe Corner <ul style="list-style-type: none"> <li>→ B1: Cantaloupe Start as Seeds</li> <li>→ C1: Cool Puppy Pup's Cantaloupe Lunch Party Video</li> <li>→ C2: Reading Activity</li> </ul> </li> <li>• Peach Tree Orchard <ul style="list-style-type: none"> <li>→ B1: Peach Trees Grow from Pits</li> <li>→ C1: Cool Puppy Pup's Peach Lunch Party Video</li> <li>→ C2: Reading Activity</li> </ul> </li> <li>• Strawberry Patch <ul style="list-style-type: none"> <li>→ B1: Strawberries Start as Seeds</li> <li>→ C1: Cool Puppy Pup's Strawberry Lunch Party Video</li> <li>→ C2: Reading Activity</li> </ul> </li> </ul>
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## Component 2: Expressive Language

Learning Goal 2.a: Young children use increasingly complex vocabulary, grammar, and syntax to express thoughts and needs.

- Crookneck Squash Row
  - A1: Feel That Curvy Shape
  - A2: Crookneck Squash...A Look Inside
  - A3: Crookneck Squash Sandwiches
  - C1: Cool Puppy Pup's Crookneck Squash Lunch Party Video
  - C2: Reading Activity
- Spinach Lane
  - A1: One Touch, One Guess
  - A3: Spinach Flowers
  - C1: Cool Puppy Pup's Spinach Party Video
  - C2: Reading Activity
- Sweet Potato Hill
  - A1: "Eye" Wonder What This Is
  - A2: Sweet Potato...A Look Inside
  - A3: Mashed Sweet Potatoes
  - C1: Cool Puppy Pup's Sweet Potato Lunch Party Video
  - C2: Reading Activity
- Cantaloupe Corner
  - A1: Can You Tell What's Hiding
  - A2: Cantaloupe...A Look Inside
  - A3: Cantaloupe Shapes
  - C1: Cool Puppy Pup's Cantaloupe Lunch Party Video
  - C2: Reading Activity
- Peach Tree Orchard
  - A1: Something Feels Fuzzy
  - A2: Peach...A Look Inside
  - C1: Cool Puppy Pup's Peach Lunch Party Video
  - C2: Reading Activity
- The Strawberry Patch
  - A1: "What's This?" It's "Berry" Mysterious
  - A2: Strawberry...A Look Inside
  - A3: Strawberry Pizzas
  - C1: Cool Puppy Pup's Strawberry Lunch Party Video
  - C2: Reading Activity
- Snack or Mealtime Connection Activities
  - Spinach Lane activity A2, B2
  - Sweet Potato Hill activity B1, B2, B3
  - Peach Tree Orchard activity B1
  - Strawberry Patch activity B1, B2
  - Crookneck Squash Row activity B2
  - Cantaloupe Corner activity B2

**Component 3: Pragmatics**

Learning Goal 3.a: Young children understand, follow, and use appropriate social and conversational rules.

- Crookneck Squash Row
  - A1: Feel That Curvy Shape
  - A2: Crookneck Squash...A Look Inside
  - A3: Crookneck Squash Sandwiches
  - C1: Cool Puppy Pup’s Crookneck Squash Lunch Party Video
  - C2: Reading Activity
- Spinach Lane
  - A1: One Touch, One Guess
  - A3: Spinach Flowers
  - C1: Cool Puppy Pup’s Spinach Lunch Party Video
  - C2: Reading Activity
- Sweet Potato Hill
  - A1: “Eye” Wonder What This Is
  - A2: Sweet Potato...A Look Inside
  - A3: Mashed Sweet Potatoes
  - C1: Cool Puppy Pup’s Sweet Potato Lunch Party Video
  - C2: Reading Activity
- Cantaloupe Corner
  - A1: Can You Tell What’s Hiding
  - A2: Cantaloupe...A Look Inside
  - A3: Cantaloupe Shapes
  - C1: Cool Puppy Pup’s Cantaloupe Lunch Party Video
  - C2: Reading Activity
- Peach Tree Orchard
  - A1: Something Feels Fuzzy
  - A2: Peach...A Look Inside
  - C1: Cool Puppy Pup’s Peach Lunch Party Video
  - C2: Reading Activity
- The Strawberry Patch
  - A1: “What’s This?” It’s “Berry” Mysterious
  - A2: Strawberry...A Look Inside
  - A3: Strawberry Pizzas
  - C1: Cool Puppy Pup’s Strawberry Lunch Party Video
  - C2: Reading Activity

**Literacy**

**RIELDS Components and Learning Goals:**

***Grow It, Try It, Like It!* Curriculum Activities:**

**Component 4: Comprehension and Interest**

Learning Goal 4.a: Children show interest and an understanding of a variety of literacy experiences.

- Crookneck Squash Row
  - C2: Reading Activity
- Spinach Lane
  - C2: Reading Activity
- Sweet Potato Hill
  - C2: Reading Activity
- Cantaloupe Corner

	<ul style="list-style-type: none"> <li>→ C2: Reading Activity</li> <li>• Peach Tree Orchard <ul style="list-style-type: none"> <li>→ C2: Reading Activity</li> </ul> </li> <li>• Strawberry Patch <ul style="list-style-type: none"> <li>→ C2: Reading Activity</li> </ul> </li> </ul>
<b>Cognitive Development</b>	
<b>RIELDS Components and Learning Goals:</b>	<b>Grow It, Try It, Like It! Curriculum Activities:</b>
<b>Component 1: Logic and Reasoning</b>	
<p><u>Learning Goal 1.a:</u> Children apply strategies and draw upon past knowledge and experiences to meet goals and solve problems.</p>	<ul style="list-style-type: none"> <li>• Crookneck Squash Row <ul style="list-style-type: none"> <li>→ B1: Crookneck Squash Start as Seeds</li> <li>→ B2: Plant a Crookneck Squash Seed</li> <li>→ B3: Plant a Crookneck Squash Seed or Start Outdoors</li> <li>→ D2: Gosh I Love Squash</li> </ul> </li> <li>• Spinach Lane <ul style="list-style-type: none"> <li>→ B1: Spinach Starts as Seeds</li> <li>→ B2: Plant a Spinach Seed</li> <li>→ B3: Plant Seeds or a Seed Tape Outdoors</li> <li>→ D2: Say Hip, Hip, Hooray for Spinach</li> </ul> </li> <li>• Sweet Potato Hill <ul style="list-style-type: none"> <li>→ B1: Sweet Potatoes Grow from Eyes and Slips</li> <li>→ B2: Start a Sweet Potato Slip</li> <li>→ B3: Make a Pretend Sweet Potato Hill</li> <li>→ D2: A Sweet Ending with Sweet Potatoes</li> </ul> </li> <li>• Cantaloupe Corner <ul style="list-style-type: none"> <li>→ B1: Cantaloupe Start as Seeds</li> <li>→ B2: Plant a Cantaloupe Seed</li> <li>→ B3: Plant a Seed or Start Outdoors</li> <li>→ D2: Can't Resist Cantaloupe</li> </ul> </li> <li>• Peach Tree Orchard <ul style="list-style-type: none"> <li>→ B1: Peach Trees Grow from Pits</li> <li>→ B2: Make and Grow a Pretend Peach Tree</li> <li>→ D2: Party with Peaches</li> </ul> </li> <li>• Strawberry Patch <ul style="list-style-type: none"> <li>→ B1: Strawberries Start as Seeds</li> <li>→ D2: Serving Up...Strawberries</li> </ul> </li> </ul>
<b>Component 2: Memory and Working Memory</b>	
<p><u>Learning Goal 2.a:</u> Children hold information in their mind and manipulate it to perform tasks.</p>	<ul style="list-style-type: none"> <li>• Crookneck Squash Row <ul style="list-style-type: none"> <li>→ C1: Cool Puppy Pup's Crookneck Squash Lunch Party Video</li> <li>→ C2: Reading Activity</li> <li>→ D1: Savor the Flavor of Squash</li> <li>→ D2: Gosh I Love Squash</li> </ul> </li> <li>• Spinach Lane <ul style="list-style-type: none"> <li>→ C1: Cool Puppy Pup's Spinach Lunch Party Video</li> </ul> </li> </ul>

- C2: Reading Activity
- D1: Let Us Try More Leafy Greens
- D2: Say Hip, Hip, Hooray for Spinach
- Sweet Potato Hill
  - C1: Cool Puppy Pup's Sweet Potato Lunch Party Video
  - C2: Reading Activity
  - D1: You Say Potato and I Say Potáto
  - D2: A Sweet Ending with Sweet Potatoes
- Cantaloupe Corner
  - C1: Cool Puppy Pup's Cantaloupe Lunch Party Video
  - C2: Reading Activity
  - D1: Meet Cantaloupe's Melon Friends
  - D2: Can't Resist Cantaloupe
- Peach Tree Orchard
  - C1: Cool Puppy Pup's Peach Lunch Party Video
  - C2: Reading Activity
  - D1: Reach for the Peach
  - D2: Party with Peaches
- Strawberry Patch
  - C1: Cool Puppy Pup's Strawberry Lunch Party Video
  - C2: Reading Activity
  - D1: Meet Strawberry's Fruity Friends
  - D2: Serving Up...Strawberries
- Garden Arts and Crafts:
  - Decorated Garden Bags
  - Garden Bookmarks
  - Produce Placemats
  - Garden Scene Note Cards
  - Tasty Acres Mobile
  - Row Markers
  - Seed Art
  - Painted Pots
  - Garden Stones
  - Garden Gloves
  - Make a Scarecrow

### Component 3: Attention and Inhibitory Control

Learning Goal 3.a: Children's skills increase in filtering impulses and sustaining attention on a task.

- Crookneck Squash Row
  - A1: Feel That Curvy Shape
  - A2: Crookneck Squash...A Look Inside
  - B1: Crookneck Squash Start as Seeds
  - B2: Plant a Crookneck Squash Seed
  - C1: Cool Puppy Pup's Crookneck Squash Lunch Party Video
  - D1: Savor the Flavor of Squash
- Spinach Lane
  - A1: One Touch, One Guess
  - B1: Spinach Starts as Seeds
  - B2: Plant a Spinach Seed
  - C1: Cool Puppy Pup's Spinach Lunch Party Video
  - D1: Let Us Try More Leafy Greens
- Sweet Potato Hill
  - A1: "Eye" Wonder What This Is
  - A2: Sweet Potato...A Look Inside
  - B1: Sweet Potatoes Grow from Eyes and Slips
  - B2: Start a Sweet Potato Slip
  - B3: Make a Pretend Sweet Potato Hill
  - C1: Cool Puppy Pup's Sweet Potato Lunch Party Video
  - D1: You Say Potato and I Say Potáto
- Cantaloupe Corner
  - A1: Can You Tell What's Hiding
  - A2: Cantaloupe...A Look Inside
  - B1: Cantaloupe Start as Seeds
  - B2: Plant a Cantaloupe Seed
  - C1: Cool Puppy Pup's Cantaloupe Lunch Party Video
  - D1: Meet Cantaloupe's Melon Friends
- Peach Tree Orchard
  - A1: Something Feels Fuzzy
  - A2: Peach...A Look Inside
  - B1: Peach Trees Grow from Pits
  - B2: Make and Grow a Pretend Peach Tree
  - C1: Cool Puppy Pup's Peach Lunch Party Video
  - D1: Reach for the Peach
- The Strawberry Patch
  - A1: "What's This?" It's "Berry" Mysterious
  - A2: Strawberry...A Look Inside
  - B2: Make a Pretend Strawberry Patch
  - C1: Cool Puppy Pup's Strawberry Lunch Party Video
  - D1: Meet Strawberry's Fruity Friends

## Mathematics

<b>RIELDS Components and Learning Goals:</b>	<b><i>Grow It, Try It, Like It!</i> Curriculum Activities:</b>
<b>Component 1: Number Sense and Quantity</b>	
<u>Learning Goal 1.a:</u> Children develop number recognition and counting skills and learn the relationship between numbers and the quantity they represent.	<ul style="list-style-type: none"> <li>• Crookneck Squash Row               <ul style="list-style-type: none"> <li>→ B1: Crookneck Squash Start as Seeds</li> <li>→ B2: Plant a Crookneck Squash Seed</li> </ul> </li> <li>• Spinach Lane               <ul style="list-style-type: none"> <li>→ B1: Spinach Starts as Seeds</li> <li>→ B2: Plant a Spinach Seed</li> </ul> </li> <li>• Cantaloupe Corner               <ul style="list-style-type: none"> <li>→ B1: Cantaloupe Start as Seeds</li> <li>→ B2: Plant a Cantaloupe Seed</li> </ul> </li> <li>• Strawberry Patch               <ul style="list-style-type: none"> <li>→ B1: Strawberries Start as Seeds</li> </ul> </li> </ul>
<b>Component 4: Measurement, Comparison, and Ordering</b>	
<u>Learning Goal 4.a:</u> Children learn to measure objects by their various attributes (length, height, weight, volume) and to use differences in attributes to make comparisons.	<ul style="list-style-type: none"> <li>• Crookneck Squash Row               <ul style="list-style-type: none"> <li>→ B1: Crookneck Squash Start as Seeds</li> <li>→ B3: Plant a Crookneck Squash Seed or Start Outdoors</li> </ul> </li> <li>• Spinach Lane               <ul style="list-style-type: none"> <li>→ B1: Spinach Starts as Seeds</li> <li>→ B3: Plant Seeds or a Seed Tape Outdoors</li> </ul> </li> <li>• Cantaloupe Corner               <ul style="list-style-type: none"> <li>→ B3: Plant a Seed or Start Outside</li> </ul> </li> <li>• Peach Tree Orchard               <ul style="list-style-type: none"> <li>→ B1: Peach Trees Grow from Pits</li> <li>→ B2: Make and Grow a Pretend Peach Tree</li> </ul> </li> <li>• Strawberry Patch               <ul style="list-style-type: none"> <li>→ B3: Plant a Strawberry Jar</li> </ul> </li> </ul>
<b>Component 5: Geometry and Spatial Sense</b>	
<u>Learning Goal 5.a:</u> Children learn to identify shapes and their attributes, solve problems using shapes, and explore the positions of objects in space.	<ul style="list-style-type: none"> <li>• Crookneck Squash Row               <ul style="list-style-type: none"> <li>→ A1: Feel That Curvy Shape</li> </ul> </li> <li>• Spinach Lane               <ul style="list-style-type: none"> <li>→ A1: One Touch, One Guess</li> </ul> </li> <li>• Sweet Potato Hill               <ul style="list-style-type: none"> <li>→ A1: “Eye” Wonder What This Is</li> </ul> </li> <li>• Cantaloupe Corner               <ul style="list-style-type: none"> <li>→ A1: Can You Tell What’s Hiding</li> </ul> </li> <li>• Peach Tree Orchard               <ul style="list-style-type: none"> <li>→ A1: Something Feels Fuzzy</li> </ul> </li> <li>• The Strawberry Patch               <ul style="list-style-type: none"> <li>→ A1: “What’s This?” It’s “Berry” Mysterious</li> </ul> </li> <li>• Snack or Mealtime Connection Activities               <ul style="list-style-type: none"> <li>→ Spinach Lane activity A2</li> </ul> </li> </ul>

## Science

<b>RIELDS Components and Learning Goals:</b>	<b><i>Grow It, Try It, Like It!</i> Curriculum Activities:</b>
<b>Component 1: Scientific Inquiry and Application</b>	
<p><u>Learning Goal 1.a:</u> Children learn to plan for and carry out investigations and collect, evaluate, and communicate information.</p>	<ul style="list-style-type: none"> <li>• Crookneck Squash Row               <ul style="list-style-type: none"> <li>→ A1: Feel That Curvy Shape</li> <li>→ A2: Crookneck Squash...A Look Inside</li> <li>→ A3: Crookneck Sandwiches</li> <li>→ B1: Crookneck Squash Start as Seeds</li> <li>→ B2: Plant a Crookneck Squash Seed</li> <li>→ B3: Plant a Crookneck Squash Seed or Start Outdoors</li> </ul> </li> <li>• Spinach Lane               <ul style="list-style-type: none"> <li>→ A1: One Touch, One Guess</li> <li>→ A2: Spinach Leaf Print</li> <li>→ B1: Spinach Start as Seeds</li> <li>→ B2: Plant a Spinach Seed</li> <li>→ B3: Plant Seeds or a Seed Tape Outdoors</li> </ul> </li> <li>• Sweet Potato Hill               <ul style="list-style-type: none"> <li>→ A1: "Eye" Wonder What This Is</li> <li>→ A2: Sweet Potato...A Look Inside</li> <li>→ B1: Sweet Potatoes Grow from Eyes and Slips</li> <li>→ B2: Start a Sweet Potato Slip</li> <li>→ B3: Make a Pretend Sweet Potato Hill</li> </ul> </li> <li>• Cantaloupe Corner               <ul style="list-style-type: none"> <li>→ A1: Can You Tell What's Hiding</li> <li>→ A2: Cantaloupe...A Look Inside</li> <li>→ B1: Cantaloupe Start as Seeds</li> <li>→ B2: Plant a Cantaloupe Seed</li> <li>→ B3: Plant a Seed or Start Outside</li> </ul> </li> <li>• Peach Tree Orchard               <ul style="list-style-type: none"> <li>→ A1: Something Feels Fuzzy</li> <li>→ A2: Peach...A Look Inside</li> <li>→ B1: Peach Trees Grow from Pits</li> <li>→ B2: Make and Grow a Pretend Peach Tree</li> </ul> </li> <li>• The Strawberry Patch               <ul style="list-style-type: none"> <li>→ A1: "What's This?" It's "Berry" Mysterious</li> <li>→ A2: Strawberry...A Look Inside</li> <li>→ B1: Strawberries Start as Seeds</li> <li>→ B2: Make a Pretend Strawberry Patch</li> <li>→ B3: Plant a Strawberry Jar</li> </ul> </li> </ul>
<b>Component 2: Knowledge of Science Concepts</b>	
<p><u>Learning Goal 2.a:</u> Children explore the characteristic of objects and materials that are living, non-living, man-made, or naturally occurring.</p>	<ul style="list-style-type: none"> <li>• Crookneck Squash Row               <ul style="list-style-type: none"> <li>→ A1: Feel That Curvy Shape</li> <li>→ A2: Crookneck Squash...A Look Inside</li> <li>→ A3: Crookneck Squash Sandwiches</li> <li>→ B1: Crookneck Squash Start as Seeds</li> </ul> </li> </ul>

- B2: Plant a Crookneck Squash Seed
- B3: Plant a Crookneck Squash Seed or Start Outdoors
- C1: Cool Puppy Pup's Crookneck Squash Lunch Party Video
- C2: Reading Activity
- Spinach Lane
  - A1: One Touch, One Guess
  - A3: Spinach Flowers
  - B1: Spinach Start as Seeds
  - B2: Plant a Spinach Seed
  - B3: Plant Seeds or a Seed Tape Outdoors
  - C1: Cool Puppy Pup's Spinach Lunch Party Video
  - C2: Reading Activity
- Sweet Potato Hill
  - A1: "Eye" Wonder What This Is
  - A2: Sweet Potato...A Look Inside
  - A3: Mashed Sweet Potatoes
  - B1: Sweet Potatoes Grow from Eyes and Slips
  - B2: Start a Sweet Potato Slip
  - B3: Make a Pretend Sweet Potato Hill
  - C1: Cool Puppy Pup's Sweet Potato Lunch Party Video
  - C2: Reading Activity
- Cantaloupe Corner
  - A1: Can You Tell What's Hiding
  - A2: Cantaloupe...A Look Inside
  - A3: Cantaloupe Shapes
  - B1: Cantaloupe Start as Seeds
  - B2: Plant a Cantaloupe Seed
  - B3: Plant a Seed or Start Outside
  - C1: Cool Puppy Pup's Cantaloupe Lunch Party Video
  - C2: Reading Activity
- Peach Tree Orchard
  - A1: Something Feels Fuzzy
  - A2: Peach...A Look Inside
  - B1: Peach Trees Grow from Pits
  - B2: Make and Grow a Pretend Peach Tree
  - C1: Cool Puppy Pup's Peach Lunch Party Video
  - C2: Reading Activity
- The Strawberry Patch
  - A1: "What's This?" It's "Berry" Mysterious
  - A2: Strawberry...A Look Inside
  - B1: Strawberries Start as Seeds
  - B2: Make a Pretend Strawberry Patch
  - B3: Plant a Strawberry Jar
  - C1: Cool Puppy Pup's Strawberry Lunch Party Video
  - C2: Reading Activity

## Social Studies

<b>RIELDS Components and Learning Goals:</b>	<b><i>Grow It, Try It, Like It!</i> Curriculum Activities:</b>
<b>Component 1: Self, Family, and Community</b>	
<u>Learning Goal 1.a:</u> Children gain awareness of how they relate to their family and community, understand social roles and responsibilities, and recognize and respect similarities and differences in people.	<ul style="list-style-type: none"> <li>• Crookneck Squash Row               <ul style="list-style-type: none"> <li>→ C1: Cool Puppy Pup’s Crookneck Squash Lunch Party Video</li> <li>→ D2: Gosh I Love Squash</li> </ul> </li> <li>• Spinach Lane               <ul style="list-style-type: none"> <li>→ C1: Cool Puppy Pup’s Spinach Party Video</li> <li>→ D2: Say Hip, Hip, Hooray for Spinach</li> </ul> </li> <li>• Sweet Potato Hill               <ul style="list-style-type: none"> <li>→ C1: Cool Puppy Pup’s Sweet Potato Lunch Party Video</li> <li>→ D2: A Sweet Ending with Sweet Potatoes</li> </ul> </li> <li>• Cantaloupe Corner               <ul style="list-style-type: none"> <li>→ C1: Cool Puppy Pup’s Cantaloupe Lunch Party Video</li> <li>→ D2: Can’t Resist Cantaloupe</li> </ul> </li> <li>• Peach Tree Orchard               <ul style="list-style-type: none"> <li>→ C1: Cool Puppy Pup’s Peach Lunch Party Video</li> <li>→ D2: Party with Peaches</li> </ul> </li> <li>• Strawberry Patch               <ul style="list-style-type: none"> <li>→ C1: Cool Puppy Pup’s Strawberry Lunch Party Video</li> <li>→ D2: Serving Up...Strawberries</li> </ul> </li> </ul>

## Creative Arts

<b>RIELDS Components and Learning Goals:</b>	<b><i>Grow It, Try It, Like It!</i> Curriculum Activities:</b>
<b>Component 1: Experimentation and Participation in the Creative Arts</b>	
<u>Learning Goal 1.a:</u> Children gain appreciation for and participate in the creative arts.	<ul style="list-style-type: none"> <li>• Crookneck Squash Row               <ul style="list-style-type: none"> <li>→ C3: Old MacDonald Had a Farm, Crookneck Squash Style</li> <li>→ (If optional concluding activity is completed): D1: Savor the Flavor of Squash</li> </ul> </li> <li>• Spinach Lane:               <ul style="list-style-type: none"> <li>→ A2: Spinach Leaf Print</li> <li>→ A3: Spinach Flowers</li> <li>→ C3: Old MacDonald Had a Farm, Spinach Style</li> <li>→ (If optional concluding activity is completed): D1: Let Us Try More Leafy Greens</li> </ul> </li> <li>• Sweet Potato Hill               <ul style="list-style-type: none"> <li>→ B3: Make a Pretend Sweet Potato Hill</li> <li>→ C3: Old MacDonald Had a Farm, Sweet Potato Style</li> </ul> </li> <li>• (If optional concluding activity is completed): D1: You Say Potato and I Say Potáto</li> <li>• Cantaloupe Corner               <ul style="list-style-type: none"> <li>→ A3: Cantaloupe Shapes</li> <li>→ C3: Old MacDonald Had a Farm, Cantaloupe Style</li> </ul> </li> </ul>

	<ul style="list-style-type: none"> <li>→ (If optional concluding activity is completed): D1: Meet Cantaloupe's Melon Friends</li> <li>• Peach Tree Orchard <ul style="list-style-type: none"> <li>→ B2: Make and Grow a Pretend Peach Tree</li> <li>→ C3: Old MacDonald Had a Farm, Peach Style</li> </ul> </li> <li>• (If optional concluding activity is completed): D1: Reach for the Peach</li> <li>• Strawberry Patch <ul style="list-style-type: none"> <li>→ B2: Make a Pretend Strawberry Patch</li> <li>→ C3: Old MacDonald Had a Farm, Strawberry Style</li> <li>→ (If optional concluding activity is completed): D1: Meet Strawberry's Fruity Friends</li> </ul> </li> <li>• Garden Arts and Crafts: <ul style="list-style-type: none"> <li>→ Decorated Garden Bags</li> <li>→ Garden Bookmarks</li> <li>→ Produce Placemats</li> <li>→ Garden Scene Note Cards</li> <li>→ Tasty Acres Mobile</li> <li>→ Stamped Wrapping Paper</li> <li>→ Row Markers</li> <li>→ Seed Art</li> <li>→ Painted Pots</li> <li>→ Garden Stones</li> <li>→ Garden Gloves</li> </ul> </li> </ul>
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